



Happenings

SUMMER 2012

PO Box 7809, Grand Rapids, Michigan 49507

Flower contest winners announced



Congratulations to the entire Alger Heights community for a job well done. Your "green thumb" efforts have made our neighborhood one of the best looking in the city. We appreciate the time and energy each of you put into decorating your yards with a wide variety of plants and flowers. You brighten and enrich the lives of everyone that drives down your street.

As with any contest, there can only be one top spot, but we have seven winners and ten honorable mentions to announce. Last year's winners were not eligible to be judged this year, but can participate in

next year's contest. Current AHNA board members are also ineligible. Here's the list of winners and honorable mentions:

- First Place:** 905 Mayhew Wood
- Second Place: 2315 Marshall
- Third Place: 936 Walsh
- Fourth Place: 868 Alger
- Fifth Place: 908 Mayhew Wood
- Sixth Place: 2414 Mildred
- Seventh Place: 2420 Aleda

Honorable Mentions:

- 904 N. Ottillia 2418 Mildred
- 2444 Marshall 2634 Blaine
- 841 Everglade 2563 Raymond
- 937 Reynard 2501 Belfast
- 2553 Almont 912 Alger

Thanks to each of you that took the time to nominate your friends and neighbors for recognition. Those of you that participated made this year's contest a challenging event for the judges. The AHNA board extends a heartfelt congratulations to the winners and we will be awarding prizes in the near future. 🏆

AHNA National Night Out

Tuesday, August 7, 2012
6:30 pm - 10:30 pm
Alger Middle School

NATIONAL NIGHT OUT is designed to:

- Heighten crime and drug prevention awareness
- Generate support for, and participation in, local anti-crime programs
- Strengthen neighborhood spirit and police-community partnerships; and
- Send a message to criminals letting them know that neighborhoods are organized and fighting back.

Invite your new neighbors and join us. Make AHNA yours... get involved!

President's Notes...



As we continue to serve the Alger Heights Neighborhood, we are excited to have three new board members: Kyle Herrington, Maia Sieplinga and Jill Sieve. We delayed our election until July and are pleased to report the new officers are:

- President: Jordan Bush
- Vice President: Bob Synk
- Secretary: Maia Sieplinga
- Treasurer: Sam Evans

It has been great helping as president these last three years and I look forward to watching the new officers take us to new heights. Thanks to all of you for your support. Also, please remember AHNA board meetings are on the second Tuesday of every month, at 7:00 pm, at Seymour Church (840 Alger SE – use south entrance) The building is handicap accessible. Anyone is welcome to attend to see what we do and bring any questions or concerns to the board. We cordially invite you to attend. In May, we meet for the Annual Meeting.

Don't forget National Night Out on Tuesday, August 7th.

Dave Thrasher
President 🏆

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Saturday, October 27 at 9 am - Alger Middle School
www.alger5k.com
SPONSORS and VOLUNTEERS NEEDED
sponsors@alger5k.com or volunteers@alger5k.com

Air conditioning tips

- by Rick Schmeling

First... make sure you change the filter on your furnace. Your AC does use the blower on the furnace so it is critical to change the filter.

Second... let your air conditioner breathe. Clear the space around the unit so it is free from leaves, grass or anything else that could be sucked up the fins of your air conditioner.



Third... clean the condenser (the outside unit) with a garden hose on medium pressure. Keeping the condenser clean will allow air to cool the refrigerant and your AC will run much more efficiently.

Lastly... if you have done all the above and the AC still doesn't seem to be cooling correctly, then it is time to call a professional. Remember the hotter the day, the busier the cooling contractors will be. Beat the heat and call the AC guy before hot weather hits. 🙌



Recycling Program... Join the movement!

As many of you know, Grand Rapids offers a free recycling program and each area can earn points for recycling! These points translate into FREE rewards for you and your neighbors, so the more you recycle, the more you earn. If you aren't signed up or if you have any questions about the program, you can call 456-3232 or visit www.mygrcityrecycles.us. It pays to recycle, and everybody earns more points if we all do our part. Join the recycling movement in Alger Heights today! 🙌

BLOOD DRIVE
Tuesday, August 14 - 3-7pm
Alger Park Church
Call Jack or Kathy DeBoer
for appointment - 243-7449

Sign up for the Alger Heights Neighborhood Watch page: [http://www.facebook.com/AlgerHeightsNeighborhood Watch](http://www.facebook.com/AlgerHeightsNeighborhoodWatch)

Changes coming to a trash can near you

- by Laura Muresan

The city is changing its trash pickup system. Instead of paying for a trash cart per quarter, the charge will be per pickup. We don't know exactly when this will begin, but the quarterly fee will be eliminated, and you'll pay only when you set out your trash cart. If you use the smallest trash cart, your cost will go down. If you use a larger cart and set it out every single week, your cost will go up. The millage supporting trash pickup is being eliminated, so your property taxes will go down. Large items that can't fit in the cart no longer need a tag, but will be charged a fee (which has gone up--a lot) that will automatically be debited from your account.

Find more info on the city's coming pickup system changes here: <http://grcity.us/Documents/2012%20New%20Curbside%20Refuse%20service%20to%20begin%20this%20summer.pdf>

Because of the changes, there has never been a better time to investigate alternatives to throwing things away. In addition to your recycling cart, which will remain free, here are local options:

Household goods:

Mel Trotter, on 28th between Madison and Eastern, is our nearest thrift store. They'll



take anything you'd sell at a garage sale. Donation hours: Mon, Fri: 10-7; Tue, Wed, Thurs, Sat: 10-5 They also do pick-ups, which you can schedule online or by phone.

Old electronics and electrical items, even if they don't work:

Comp Renew, next door to Meijer (28th at Kalamazoo), accepts your reject electronics and electronics-related items for recycling or resale, using local at-risk students and mentors in a wonderful training program. See what they accept here: <http://comprenew.org/get-involved/#donate>

Home improvement items:

- Habitat for Humanity Restore, 5701 S. Division - 531-4591
 - Home Repair Services (which offers free pick-up), 1100 S. Division - 241-2601
- Architectural salvage (sinks, toilets, doors, medicine cabinets, cabinet hardware, used but still usable carpet, remnants, etc); latex paint and stain (even partially used cans that are still usable); leftover or used building or landscaping supplies, tools, lawn equipment, etc.

Miscellaneous items you'd never believe are recyclable:

Tree Huggers Store at 947 Wealthy St SE. See list of recyclables here: <http://thetreehuggerstore.com/recycling.html>

Other painless giveaway options:

Some people put things by the curb with a "FREE" sign; or post on Craigslist, Freecycle.org, or Alger Heights Discussion Group (<http://www.facebook.com/groups/394022500631548/>).

Paper, books, etc:

Use a Paper Gator bin in parking lots at

Dynamic Youth Ministries (corner of Alger & Kalamazoo), Hearts In Step Dance Academy (2550 Eastern), Seymour Church (840 Alger), or Chowhound (28th & Eastern). Paper Gator accepts newspaper, school and office paper, magazines, catalogs, junk mail, phone books, and soft cover books. Please no corrugated cardboard, pizza boxes, plastic bags, foil or string. A local company recycles the paper into products like small animal bedding. 🙌

Neighborhood opportunity

- by Sam Evans

Better Buildings for Michigan is offering a comprehensive *whole-home* energy assessment for just \$99 to find energy saving opportunities for your home. With that assessment you will receive CFL light bulbs, weather stripping, a programmable thermostat and faucet aerators. When your home loses energy, you lose money. That's why they built a program from the ground up, focusing on communities across Michigan to help families save hundreds on their energy bills. Better Buildings for Michigan gives families the financial tools and expert advice to make affordable energy saving improvements. You should have received a postcard in the mail earlier this month to sign-up! Learn more and sign up online: www.bbmgr.org or call (616) 451-3051 ext. 24 or ext. 40. When you sign up or call mention that you are from Alger Heights. 🙌

Ken's Fruit Market: My partner in healthy living

- by Bob Synk

How many times have you heard that we Americans would be healthier if we ate more fruits and vegetables? I heard it plenty of times but that advice was too vague for me to take much action. Then my wife Theresa and I saw Dr. Joel Fuhrman on TV. He offered specific instructions. That's what I needed – someone to tell me exactly what to do.

He made up a word to help us remember some of the best foods: **GOMBS** (Like Combs with a "G") It stands for Greens, Onions, Mushrooms, Berries, Seeds. Ken's Market stocks all these good foods.

Greens: There are many kinds of greens, but lettuce is what most of us are most used to. Iceberg Lettuce is most common but try Romaine Lettuce. Dr Fuhrman says

it has much more nutritional value. Also very good are spinach and kale. Kale is a superb food nutritionally speaking, but it is on the bitter side. If you aren't used to it, try small amounts at first in your salad, soup or other dishes. I have grown to appreciate its texture and taste and love the extra zip it gives any dish.

Onions: I never have much cared for onions, but since being told they are good for me I am learning to accept them. There are many varieties: white, Spanish, yellow, red, Vidalia. Try them all and you'll surely find one that agrees with your taste buds.

Mushrooms: Seeing mushrooms on a list of healthy foods was a surprise to me. I'd never given them a second glance. Now I eat them raw in salad and cook them in soup.

Berries: Right now we are in berry heaven; strawberries, blueberries, raspberries, blackberries - all kinds of fresh berries are available. In the off-season frozen berries

are nutritionally acceptable. I usually eat oatmeal or cream of wheat for breakfast so I add berries instead of sugar.

Seeds: I still have a lot to learn about seeds. I'm only familiar with sunflower seeds. The roasted/salted ones are tasty, but if you are concerned about too much salt in your diet try them raw.

There are many more words of advice from Dr. Fuhrman, which you can read on the internet or in the books he has written. GOMBS will give you a good start to a healthier life that you can start on today. By eating GOMBS and other healthy foods I feel more satisfied and have less desire to indulge in unhealthy foods.

With information and inspiration from Dr. Fuhrman and with Ken's Market offering so many fresh fruits and vegetables close to home, Theresa and I have made eating healthy more of a habit. 🙏



Seymour Library Events: July and August 2012

The Grand Rapids Public Library's Summer Reading Program is a great way to get the entire family involved in reading. Sign up at any library location; decide how many books you are going to read and start reading. Kids who complete the program win prizes, including being entered into a drawing to win a trip to New York City! Fun weekly programs for nearly everyone are also offered. Join in the fun today! Call 616-988-5400 or visit www.grpl.org for more information.

Kids Summer Reading Program
June 11 – August 4, 2012
All library locations

Teen Summer Reading Program
June 11 – August 4, 2012

GR Reads – Summer Reading for Adults
June 1 – August 31, 2012
All Library Locations



July Events

An Evening with Michael Moore
Thursday, July 26, 2012, 7:00 pm
Fountain Street Church – 24 Fountain St NE

Day of Change
Saturday, July 28, 2012

Henna Tattoo Workshop
Monday, July 30, 2012, 4:00 pm
Seymour Branch – 2350 Eastern SE

- continued on page 5

Alley clean-up day

- by Sam Evans

We would like to encourage all neighbors living with an alley behind them to help with the Alley Clean-up Day on Saturday, August 18, 2012. Time: 9:00 am till we finish. We will be cleaning up any trash, clearing out any brush, etc. The city will be providing bags and tags for our neighborhood and picking up everything on Monday, August 20, 2012. The city will then go down each alley and grade it, to make the driveway smooth and even. This will help with the alleys being clear and hopefully curtail people dumping items in the alleys. There will be flyers passed out as the date gets closer. The more involvement by the neighbors the quicker we can get it cleaned up and maintained. 🙏

POLICE NON-EMERGENCY NUMBER

456-3400

REPORT SUSPICIOUS ACTIVITY

Meet your newest AHNA board members

Kyle Herrington and wife Tara have lived in Alger Heights for 8 years. Almost three years ago they were joined by a little girl, with another expected this fall. His family thoroughly enjoys every aspect this neighborhood has to offer from the library, Ken's, Melissa's, Real Food and all the playgrounds within walking distance. He is excited and honored to serve on the board and really does not know why he did not join earlier. Kyle works as a financial analyst at a local hospital or as his daughter says, "plays with numbers".

Maia Sieplinga grew up in Grand Rapids, in the Heritage Hill neighborhood while spending much time in the Alger Heights neighborhood visiting family and friends. Maia has volunteered for many city and political campaigns and non-profit organizations such as Degage Ministries, The North American Choral Company, and American Cancer Society. She also currently tutors children who have dyslexia. Maia was looking for ways to combine her desire to work with non-profit organizations with her business experience. She is now the Membership Coordinator at The Salvation Army's Ray and Joan Kroc Corps Community Center. Her role at the Kroc Center includes coordinating membership initiatives and building awareness and partnerships with neighborhoods and organizations. Maia currently resides in the Alger Heights neighborhood (has for two years) on N. Ottillia where she enjoys cooking, spending time with friends and family, volunteering and tutoring.

Hi, I'm *Jill Sieve* and I've lived in Alger Heights for 14 years and have enjoyed this neighborhood very much. I previously served on the Board in the past and am interested in getting involved again to assist in keeping Alger Heights a great and safe place to live. I have two cocker spaniels and we enjoy taking long walks through the neighborhood and chatting with people. I enjoy gardening, reading and biking in my spare time. 🙏

Church and School News

Plaster Creek Clean-Up!

Come and join us at the Alger Park CRC lower parking lot on Wednesday, July 25th at 6.30pm. From there we'll head over to the creek to spend some time picking up trash along the banks. Bring your own gloves! Children welcome, but must be closely supervised. Come and join us as we witness to Christ's care for creation and our community in this way. Questions? Contact Suzanne McDonald at englishtea333@sbcglobal.net 🙏

Seymour MOPS Play Date in the Park

The Seymour MOPS (Mothers of Pre-Schoolers) are hosting a play date on August 16 (Frog Hollow in Byron Center). We plan to meet from 10am-12pm on both dates. This is a great way to connect with other area moms with newborns to school-age children and learn a little bit about MOPS. There is no cost to participate in the play dates and they are weather-permitting. If you would like to spend some time with other moms for an evening, join us as we kick off the semester on Thursday, September 20 at 7pm at Seymour Church. For more information email Anna or Emily at seymourmops@gmail.com or follow us on Facebook: www.facebook.com/SeymourMOPS. 🙏

Mobile food pantry

On Saturday, August 4, Seymour Church (840 Alger SE) is hosting a Mobile Food Pantry for our neighbors needing help to feed their families. Registration begins at noon with distribution at 1 pm. Email info@seymourchurch.org if you have questions. 🙏

SpringHill Day Camp

Tabernacle Community Church will be hosting SpringHill Day Camp on August 13-17 from 9:00am-4:00pm. Any child who has completed kindergarten thru 4th grade can register. Day Camp includes awesome activities like the climbing wall, crafts, low ropes, slingshot, water activities, euro-bungee, flying squirrel, silly games and much more! Please make sure that your child has a refillable water bottle every day and a lunch. Campers need to be prepared to play hard and get dirty. They should wear sturdy shoes (no sandals) and should bring a bathing suit, towel and sunscreen every day. A change of clothes is also recommended. Please be sure your child's name is on everything he or she brings to camp. Cost is \$119 per week for each child. To register online go to <http://springhillcamps.com> or call (231) 734.2616. If you have any questions, please feel free to call TCC's office at (616) 988-9268. 🙏

Tabitha's Closet Clothing Giveaway at TCC

Tell your neighbors, co-workers, and friends and mark your own calendar for the next Tabitha's Closet Clothing Giveaway that will take place on Saturday, August 25 from 9:00am-11:00am in the Worship Center. The giveaway is open to the public and only costs .25 cents per bag (bags will be furnished). Drop all donations off at Entrance C at TCC. Donations may be dropped off on Sundays or during the week, Monday-Thursday from 9:00am-5:00pm. 🙏

BLOOD DRIVE at Alger Park

You can help save lives – be a blood donor. Seymour and Alger Park Churches take turns hosting **West MIBLOOD** drives. The next one is at Alger Park on Tuesday, August 14, from 3-7 pm. Call Jack or Kathy DeBoer at 243-7449 to schedule an appointment (preferred) or just walk in. 🙏

National Night Out (NNO)

- by *Sam Evans*

This is a national event held every year to get to know your neighbors and communicate with each other and learn from each other.

Tuesday, August 7, 2012

Alger Middle School East Lot

Time: 6:30 pm – 10:30 pm

Movie: There will be a child-friendly movie at dusk.

Posters: Will be placed at our local

businesses as a reminder.

Activities: Police car, police SWAT truck, fire engine with free bike registration, ambulance, some classic cars, petting zoo and pony rides, games for all ages and prizes, free raffle for bike helmets, free popcorn.

Booths: There will be tables around the grounds giving out valuable tips (safety, emergency) and information on different agencies in the city, local businesses as well as some additional surprises. Also some free giveaways.

Food: Pizza and drinks for sale as well as

other food items.

Beanbag Toss: The first annual Alger Heights Adult (18+) Beanbag Toss Tournament will be part of National Night Out. Grab a partner to make a team of two and compete for the championship and prizes.

National Night Out is a time for neighbors from all areas of Alger Heights to come and get to know each other. **Please leave your porch light on.** Bring your picnic blankets or lawn chairs and stay for a while. In case of rain it will be held at Seymour Christian Reformed Church. 🙏



Alger Heights

Shop Locally...

Business News

- by Sam Evans

The **Alger Heights Business Association** is nearing completion of a new business directory. They will be distributed at local businesses by the end of the month. Please continue to support these local businesses with your patronage. 🙌

- A Grand Skein
- Alger Barber Shop
- Alger Hardware & Rental
- Alger Height Neighborhood Assn.
- Alger Pediatrics
- Alger Quick Stop
- Alger Shoe Repair & Dry Cleaning
- Beauty House
- Blondie's Hair Salon
- Chase Bank
- Continuum Healing
- Creative Window Treatments
- CVS Pharmacy
- Dahlberg CPA
- Express PC

- Farmers Insurance Group
- Fifth Third Bank
- Dr. K. Frieswyk, D.D.S.
- Gentleman Fashion
- Grand Rapids Public Library
- G. Robert Carpenter, Attorney
- Great White Fish Chicken
- Koanne Grzeszak, D.O.
- Hearts In Step
- Jack's Automotive
- JB's Pizza
- Ken's Fresh Market
- Metro PCS/LA Insurance
- Michael Milanowski, Attorney
- Dr. T. Nykamp, D.D.S.
- Open Arms Daycare
- Over The Top Dance Studio
- The Posh Pet
- Real Food Cafe
- Ryan & Hart Party Store
- Sherwood Realty
- Dr. L. Soper, D.C.
- Sweet Mellisa's Ice Cream

A special thank you goes out to Dave Thrasher for his many years of service as President. Dave has given countless hours to AHNA and has personally made our neighborhood a better place to live. We are thrilled that Dave will stay and continue to be a vital board member. Thanks, Dave!

Seymour Library Events - continued from page 3

August Events

Oak Hill Cemetery Walk
Thursday, August 2, 2012, 7:00 pm
Oak Hill Cemetery - 647 Hall St. SE

Summer Reading Celebration
Saturday, August 4, 2012, 2:00-4:00 pm
Veterans' Memorial Park – Rain Location:
Main Library

Teen Finisher Parties
Monday, August 6, 2012, 4:00 pm
Seymour Branch – 2350 Eastern SE

Bread Breakers 2012 Rhyme Bully –
R.hythmic A.merican P.oetry Battle
Friday, August 10, 2012, 6:00 pm
Wealthy Theatre – 1130 Wealthy St. SE

Fulton Street Farmers Market Tomato Tour
Saturday, August 11, 2012, 8:00 am
Fulton Street Farmers' Market – 1147
Fulton St. E.

Tomato Canning Extravaganza!
Sunday, August 12, 2012, 9:00 am
Sunday, August 12, 2012, 11:30 am
Sunday, August 12, 2012, 2:00 pm
Uptown Kitchen – 423 Norwood SE

Ghost Story Campfire
Wednesday, August 15, 2012, 7:30 pm
Riverside Park – Boat Launch #2 entrance
and follow the signs

More details and information available at
www.grpl.org

National Night Out - August 7th - 6:30pm - Alger Middle School

Worth Considering



City Refuse

The city will be introducing a new city refuse system this fall. They will be furnishing carts and you will pay as they are picked up. More details were given at the Alger Heights Neighborhood Association Annual meeting on May 8, 2012. 🙌

Crime Increasing

As you are well aware, our area as well as the rest of the City of Grand Rapids has had an increase in larcenies from vehicles and garages. Did you know that approximately 90% of the vehicles were left unlocked?

Please remove all valuables (GPS and cords, phones, purses, watches, I-Pads, computers) from your vehicle and be sure that it is locked. **Please** do not leave your garage doors open if you are not going to be close by, as this a prime opportunity for someone to run in and grab a bicycle, golf clubs or other items easy to pick up and take. This is also an opportunity for them to get easy access into your home. Get to know your neighbors on your block and keep an eye out for each other. 🙌

Advertising in the AHNA newsletter

You can advertise your business or home business in the Alger Heights newsletter. The newsletter is distributed to over 1900 homes and businesses in Alger Heights. The rates are very reasonable:

- Business Card size:** \$25.00
- Double Business Card size:** \$40.00
- 1/4 Page size:** \$75.00

If you are interested, please call Sam Evans at 540-2107. 🙌



Spend your summer at the Kroc

- by Maia Sieplinga

Check out all the exciting things going on this summer at The Salvation Army Kroc Center! (The KROC Center is located on Division SE just south of Alger Street.)

Kroc Camp from 9am-4pm each day, \$100 members, \$150 non-members is currently in full swing with themed weeks, character building games and activities, and weekly field trips. Before and after care and daily lunch options available. **Registration is open for the Summer 2 Session** of program classes that begin later in July and will include classes such as archery, tennis, kids fitness, art and nature, recycled art, swim lessons, and many more.

Don't forget about the many free activities (yes, free for all – not just members) going on in our backyard such as our Slip and Slide Saturdays and our Hot Kroc Movie Nights! Our next Hot Kroc night will feature the movie Cars 2 as well as many additional family friendly activities.

With lots of hot summer days ahead be sure to check out our website for our open swim pool times and splash pad hours to keep cool. We offer everything from day passes to summer passes and memberships.

Special offer for AHNA members only: Bring in your AHNA newsletter and receive half off the registration fee on annual memberships – deadline July 31, 2012! For more information on any of the above and more, visit us at the Kroc or online at www.grkroccenter.org or like us on Facebook (www.facebook.com/grkroccenter) to keep up with all our events and specials. 🍷

Summer... a time for fun and learning

- by Printess Naves

As we endure the recent warm days of this summer, and children increasingly look for ways to beat the heat and have fun by doing so, let us not forget as parents that summer is also a great time for learning. Learning, like summer fun, are non-stop activities.

There are many ways to take advantage of the warm weather to enhance learning activities. For instance, during the summer take advantage of the public library at Alger and Eastern SE. The library is full of books, magazines, games, and other activities to encourage a child's reading, writing, and grammatical skills. On those summer days when it is too hot to be outside, have your children use that time indoors to work on

their computers, explore the internet, or give them a small summer assignment or research project.

Try taking a book or some other reading device to the neighborhood pool or playground, and while there they can spend time reading, writing, or studying lessons that will help them prepare for the coming school year. These things do not have to interfere with their summer break but, rather, enhance their summer fun. Allow them to experience summer fun and summer learning at the same time.

Lastly, if you are planning a family vacation, take along plenty of learning materials, books, laptops, video cameras, and other educational devices to allow them to have vacation fun as well as learning. They can bring these experiences back with them and use them in the future for the coming fall. Remember summer fun and learning go together. Have a great summer. 🍷

Alger Heights Annual National Night Out

August 7th 6:30pm - 10:30pm

Alger Middle School

(In case of rain, this event will take place at Seymour Christian Church)



Like Us on Facebook...

The official AHNA facebook page can be found at: <http://www.facebook.com/AlgerHeightsNeighborhoodAssociation>.

Certified Massage Therapist

Deep Tissue, Therapeutic, Swedish, Relaxation massage

Betty Sanchez

Call 710-7675

to schedule an appointment

Available Monday-Friday: 10am - 7pm
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I will tune up your lawnmower for this season.

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616-243-3463

FAST Turnaround

Over 15 years experience



Trash day recap

- by Bob Synk

Weather-wise Saturday, June 23 was a beautiful day, warm but not too hot, sunny, and a slight breeze. Perfect for getting rid of old junk and home improvement waste.

During our four-hour window from 8am till noon we were busy most of the time. At one point cars were even backed up onto Alger Street. Many thanks to the AHNA board members and neighbors who helped out. Besides the important jobs of checking people in and directing traffic, several volunteers spent the four hours helping to unload the trash and throwing it in the dumpsters.

A new initiative this year was a truck from Family Promise. We set aside furniture and other household items that appeared to still be useful. These went into the truck to be donated to Family Promise for their program to help families get re-established into their own apartment or home..

We filled nine dumpsters which our

collective memory thought was fewer than in past years. That may not mean we had less trash. It looked to me that we were doing a better job at packing the dumpsters than previously. Others thought that we also diverted more from the dumpsters to the metal recyclers. Perhaps the metal recycling prevented as many as three loads from going to the landfill.

173 households took advantage of the trash day. Some came back two or three times since there was only so much room in their cars.

My wife and I really appreciated the chance to get rid of old carpet and scrap wood. Thank you, City of Grand Rapids and Alger Heights Neighborhood Association, for making the 2012 Trash Day possible! 🙏



AHNA Board of Directors

Jordan Bush: President
450-8496 jordanbush@yahoo.com
Term ends 2013

Bob Synk: Vice President
516-3270 bobsynk@sbcglobal.net
Term ends 2014

Maia Sieplinga: Secretary
304-5952
Maia_Sieplinga@usc.salvationarmy.org
Term ends 2015

Sam Evans: Treasurer, Block captain coordinator
540-2107 massnave1@att.net
Term ends 2015

Melinda Bouma: ON LEAVE
443-3276 melindabouma@gmail.com
Term ends 2014

Jerry Montague:
308-9904 jerry@montaguedesigngroup.com
Term ends 2014

Laura Muresan:
452-4360 lauraslastditch@yahoo.com
Term ends 2014

Printess Naves:
452-7049 printessnaves@yahoo.com
Term ends 2014

Rick Schmeling:
443-2168 greengobob@gmail.com
Term ends 2014

Dave Thrasher:
243-6603 jdthrasher@aol.com
Term ends 2014

Kyle Herrington:
648-3856 iowa333@hotmail.com
Term ends 2015

Jill Sieve:
481-646 jksieve904@gmail.com
Term ends 2014

Ginny Hartger: Administrator
245-9832 ghartger@juno.com

Block captains needed

- by Sam Evans

We are still in need of block captains. We are also trying to expand and get additional block captains for the larger streets with 50-plus homes on a block. This would help having two block captains on each block. We would also like to encourage each block to have a block party to get to know your neighbors. It could be just an ice cream social or a picnic-style get together. We will provide flyers for each block and help with ideas.

Open Blocks: Alto, Hazen (Eastern-Blaine), Merrifield (Blaine to Nelson), Merritt (Eastern to Blaine), Nelson St (Kalamazoo to Burton), Ottilia (Eastern to Blaine), Brooklyn (Alger to Nevada), Brooklyn (Nevada to 28th St).

Please contact Sam Evans or Dave Thrasher for more information. 🙏

If You Aren't at Your Last Job, Why Is Your 401(k)?

Leaving a 401(k) with a previous employer could mean leaving it alone with no one to watch over it.

At Edward Jones, we can explain options for your 401(k) and help you select the one that's best for you. If you'd like to roll it over to an Edward Jones Individual Retirement Account (IRA), we can help you do it without paying taxes or penalties. And you can feel confident that someone is looking out for you and your 401(k).

To find out why it makes sense to talk with Edward Jones about your 401(k) options, call or visit your local financial advisor today.



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with Leah Bush, Certified Personal Trainer

Mondays 7:00pm - 8:00pm

Join us for a second season of moderate to high intensity workouts outside at Alger Middle School! All fitness levels accepted. Learn basic moves to take home with you while getting a full body workout focusing on efficient calorie burning!! To register email: leahmbush@yahoo.com

Session 1: 5/14 - 6/25 (no 5/28)
Session 2: 7/16 - 8/27 (no 8/13)
Session 3: 9/10 - 10/15

\$45 for a 6-week session
\$100 for all 18 workouts
\$10 per workout

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